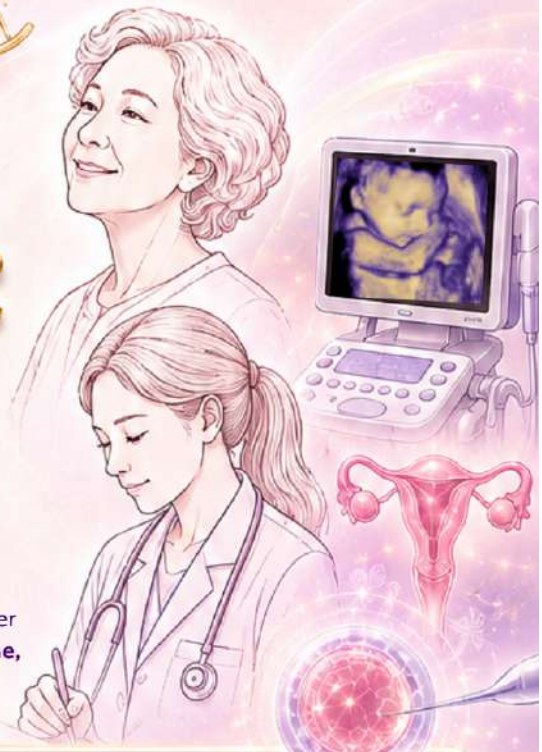
Mahidol University
Faculty of Medicine Ramathibodi Hospital

ALL THINGS LONGEVITY:

ENHANCING WELL-BEING AS OB-GYN



25 November 2026

Pre-congress

Room 907 and 910C, Medical Learning Resource Center and Ramathibodi School of NursingFaculty of Medicine, Ramathibodi Hospital, Mahidol University, Bangkok

Time	Pre-congress	
08.30 - 08.50	Registration	
08.50 - 09.00	Opening Ceremony - Pre-congress	Assoc. Prof. Dr. Arb-aroon Lertkhachonsuk (Chair of the Department of Obstetrics and Gynecology, Ramathibodi)
09.00 - 09.45	Session 1: 3D/4D Facial Profile Ultrasound	Asst. Prof. Dr. Sanpon Diawtipsukon (Ramathibodi)
09.45 - 10.30	Session 2: Point-of-Care Ultrasound (POCUS)	Assoc. Prof. Dr. Pornphan Wibulpolprasert (Ramathibodi)
10.30 - 10.45	Coffee break	
10.45 – 11.30	Session 3: Anal Sphincter Assessment	Prof. Dr. Jittima Manonai Bartlett (Ramathibodi) Dr. Varisara Chantarasorn (Ramathibodi)
11.30 - 12.30	Lunch Break	
12.30 - 13.30	Hands-on Workshop 3 stations Workshop ละสองห้อง	กลุ่มละ 10 คน x 2 กลุ่มต่อ workshop
13.30 - 14.30	Hands-on Workshop 3 stations Workshop ละสองห้อง	กลุ่มละ 10 คน x 2 กลุ่มต่อ workshop
14.30 - 14.45	Coffee break	
14.45 - 15.45	Hands-on Workshop 3 stations Workshop ละสองห้อง (ultrasound 6 เครื่อง)	กลุ่มละ 10 คน x 2 กลุ่มต่อ workshop
15.45 - 16.00	Q&A and Closing ceremony	

Hand-on Workshop

1 3D/4D Facial Profile Ultrasound



- Asst. Prof. Dr. Sanpon Diawtipsukon (Ramathibodi)
- Dr. Waranyu Lertrat (Ramathibodi)
- Asst. Prof. Dr. Wirada Dulyaphat (Ramathibodi)
- Dr. Nareenun Chansriniyom (Ramathibodi)
- Dr. Woraluk Moradokkasem (Ramathibodi)

2 Point-of-Care Ultrasound (POCUS)



- Assoc.Prof. Dr. Pornphan Wibulpolprasert (Ramathibodi)
- Asst. Prof. Dr. Duangkamol Prapruttam (Ramathibodi)
- Asst. Prof. Dr. Lukkana Promwattanaphan (Ramathibodi)
- Asst. Prof. Dr. Navamol Lekskul (Ramathibodi)
- Asst. Prof. Dr. Woradej Hongsakorn (Ramathibodi),
- Assoc. Prof. Dr. Piya Chaemsaithong (Ramathibodi)

3 Anal Sphincter Assessment



- Prof. Dr. Jittima Manonai Bartlett (Ramathibodi)
- Dr. Varisara Chantarasorn (Ramathibodi)
- Assoc. Prof Orawee Chinthakanan (Ramathibodi)

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AGENDA

All Things Longevity: Enhancing well-being as OB-GYN
Department of Obstetrics & Gynaecology, Faculty of Medicine Ramathilbodi Hospital, Mahidol University, Bangkok
MAIN CONGRESS | 26-27 November 2026 Ramathibodi Hospital

DAY 1 • 26 November 2026

07.30 - 08.30	**Registration**
08.30 - 08.50	**Can we slow ovarian aging? Current and future strategies** Asst. Prof. Dr. Artitaya Singwongsa (Ramathibodi)
08.50 - 09.30	**Longevity medicine meets menopause: Is hormone therapy ready?** Assoc. Prof. Dr. Orawin Vallibhakara (Ramathibodi), Dr. Oracha Chucherd (Ramathibodi)
09.30 - 10.15	**Spacial Topic** SPONSOR
10.15 - 10.45	**Coffee break & Exhibition**
10.45 - 11.15	**Restoring the rhythm of midlife: advancing VMS care beyond hormones** SPONSOR Assoc. Prof. Dr. Prasong Tanmahasamut (Siriraj) Assoc. Prof. Dr. Orawin Vallibhakara (Ramathibodi)
11.15 - 11.35	**Reproductive cryopreservation and female longevity: Extending fertility and endocrine lifespans** Dr. Pornsri Niransuk (Ramathibodi)
11.35 - 12.15	**Menopausal Hormone Therapy in 2026: Time to Move Beyond the Black Box** Dr. Intira Sriprasert (Department of Obstetrics and Gynecology, Keck School of Medicine, University of Southern California, Los Angeles, California, USA.), Dr. Oracha Chucherd (Ramathibodi)
12.15- 13.00	**Improving Patient Outcomes in HPV Clearance: The Power of 7 with Coriolus Versicolor-Based Vaginal Gel** SPONSOR Assoc.Prof. Wichai Termrungruanglert (Chulalongkorn) Assist.Prof. Navamol Lekskul (Ramathibodi)
13.00 - 13.10	**Opening Ceremony** Clinical Prof. Artit Ungkanont (Dean, Faculty of Medicine Ramathibodi Hospital, Mahidol University) Assoc. Prof. Dr. Arb-aroon Lertkhachonsuk (Chair of the Department of Obstetrics and Gynecology, Ramathibodi)
13.10 - 13.50	**Honorary Lecture** **(ปาฐกถาวิโล เบญจกาญจน์) Unsafe Abortion : จากอดีต ถึง ปัจจุบัน การเดินทางอันยาวไกล** Emeritus Professor Dr. Kamheang Chaturachinda (Former President of the Royal Thai College of Obstetricians and Gynaecologists)
13.50 - 14.20	**Keynote Lecture I** **Overcoming Burnout and Stress: Enhancing Well-being Among OB-GYNs** Emeritus Professor Dr. Sarikapan Wilailak (President of the Royal Thai College of Obstetricians and Gynaecologists)
14.20 - 15.00	**Longevity in gynecologic cancer** Asst. Prof. Dr. Krissada Paiwattananupant (Ramathibodi), Dr. Pinyo Sriveerachai (Siriraj)
15.00 - 15.10	**Coffee break & Exhibition**
15.10 - 15.55	**Shaping the Future of Women's Health: Advances in GSM & HPV Management** SPONSOR Assoc. Prof. Dr. Orawin Vallibhakara (Ramathibodi), Asst. Prof. Suwicha Chittithaworn(Ramathibodi)
15.55 - 16.40	**Empowering women's healthy longevity: quality weight loss with GLP-1 RA** SPONSOR Asst. Prof. Dr. Pongamorn Bunnag (Ramathibodi) Asst. Prof. Dr. Siriluck Tanthanavipas (Ramathibodi)
16.40 - 17.00	**PMOS beyond reproduction: Metabolic and lifelong health** Dr. Chutima Topipat (Ramathibodi)
17.00 - 17.30	**Regenerative and aesthetic approaches in women's health** Assoc. Prof. Dr. Orawee Chinthakanan (Ramathibodi) Asst. Prof. Dr. Komkrit Aimjirakul (Ramathibodi)

DAY 2 • 27 November 2026

08.00 - 08.30	**Keynote lecture II: Nausicaa Suture in the Management of Placenta Accreta Spectrum** Assoc. Prof. Dr. Jin-Chung Shih, MD, PhD. President of the Taiwan Perinatology Society Department of Obstetrics and Gynecology, National Taiwan University Hospital, Taiwan
08.30 - 09.00	**Keynote lecture III: The critical role of ultrasound in the strategy management for PAS** Assoc. Prof. Dr. Jin-Chung Shih, MD, PhD. President of the Taiwan Perinatology Society Department of Obstetrics and Gynecology, National Taiwan University Hospital, Taiwan
09.00 - 09.40	**The new maternal era: Advanced maternal age - from risk to resilience** Dr. Pruttaporn Maneerat (Ramathibodi), Dr. Nareenun Chansriniyom (Ramathibodi)
09.40 - 10.20	**When pregnancy leaves a mark: Long-term sequelae in women's health** Asst. Prof. Dr. Puntabut Warintaksa (Ramathibodi), Dr. Maolee Bhuphawattanapun (Ramathibodi)
10.20 - 10.30	**Coffee break & Exhibition**
10.30 - 11.10	**ART-conceived pregnancy: From conception to delivery** Dr. Panithi Leesukon (Ramathibodi), Dr. Chalongraj Rattanawongsaroj (Ramathibodi)
11.10 - 11.40	**Drospirenone-Only Pill 24/4: Clinical Benefits Beyond Contraceptive Efficacy** SPONSOR Asst. Prof. Dr. Woradej Hongsakorn (Ramathibodi), Asst. Prof. Dr. Siriluck Tanthanavipas (Ramathibodi)
11.40 - 12.20	**Decoding genetic risk: The era of precision screening in gynecologic oncology** Assoc. Prof. Vuthinun Achariyapota (Siriraj), Asst. Prof. Atchara Tunteeratum (Ramathibodi)
12.20 - 13.05	**Pregnancy, immunity, and vaccination: Protecting two lives** SPONSOR Assoc. Prof. Dr. Piya Chaemsaithong (Ramathibodi)
13.05 - 13.25	**Obesity and reproductive health: From pathophysiology to precision treatment** Asst. Prof. Dr. Siriluck Tanthanavipas (Ramathibodi)
13.25 - 13.45	**Protect the ovary: Cyst ablation for fertility and longevity** Asst. Prof. Dr. Sritean Lertvikoon (Ramathibodi)
13.45 - 14.15	**Optimizing Endometrial Health Following Intrauterine Cavity Surgery** SPONSOR Asst. Prof. Dr. Woradej Hongsakorn (Ramathibodi)
14.15 - 14.55	**Modern management of GSM for lifelong intimate health** Dr. Athasit Kitmanawat (Ramathibodi), Dr. Apisith Saraluck (Ramathibodi)
14.55 - 15.00	**Coffee break & Exhibition**
15.00 - 15.30	**Role of Immunotherapy in Gynecologic Cancer** SPONSOR Asst. Prof. Dr. Sikarn Satitniramai (Ramathibodi) บ. MSD ทีม ONCO
15.30 - 16.10	**Work-life harmony: Physical and financial wellness for healthcare professionals** Dr. Sakolpat Kanghae [Somdech Phra Pinklao Hospital; เจ้าของเพจเที่ยวตามโปร (@travelbypro)] Dr. Pongphak Thongpat (Co-founder of vitabalancebangkok)
16.10 - 16.15	**Closing ceremony** Assoc. Prof. Dr. Arb-aroon Lertkhachonsuk (Chair of the Department of Obstetrics and Gynecology, Ramathibodi)

REGISTRATION FEE

Pre-congress + Main Congress Hands-on Workshop **3,500** THB
Main Congress **2,000** THB

26-27 November 2026

Faculty of Medicine Ramathibodi Hospital, Mahidol University
Room 910 ABC, Medical Learning Resource Center and Ramathibodi School of Nursing

สอบถามรายละเอียดเพิ่มเติม นางสาวกัณฐมณี กอดแก้ว
ศูนย์การจัดประชุมวิชาการรามาธิบดี
งานบริการวิชาการ อาคารวิจัยและสวัสดิการ ชั้น 1 คณะแพทยศาสตร์โรงพยาบาลรามาธิบดี
โทรศัพท์ 0-2201-2990, 0-2201-2193